

DUKE CITY RECOVERY TOOLBOX GROUPS AM CLINIC

AM CLINIC	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5AM						
6AM	AB 6:00 Open Discussion for Recovery	SA 6:00 Life Skills	AMA 6:00 Bible Study	CH 6:00 Bible Study	CH 6:00 Bible Study	
7AM						
8AM	JJ 8:00 Open Discussion for Recovery	CH 8:00 Bible Study	AT 8:00 Triggers to Relapse	JJ 8:00 Open Discussion for Recovery	JJ 8:00 Open Discussion for Recovery	
9AM	TM 9:00 Bible Study	JJ 9:00 Open Discussion for Recovery	CH 9:00 Open Discussion for Recovery	JJ/SC X	AB 9:00 Open Discussion for Recovery	AC 9:00 Art Therapy
10AM	SD 10:00 Taking the High Road	JC 10:00 Mindfulness Based Practices for Recovery	RW 10:00 AB, CH, JJ, Flex Orientation	X	LH 10:00 Mindfulness Based Practices for Recovery	
11AM	MM 11:00 Anger Management	JJ 11:00 Open Discussion for Recovery	AB/SC X	X	AB 11:00 Open Discussion for Recovery	